

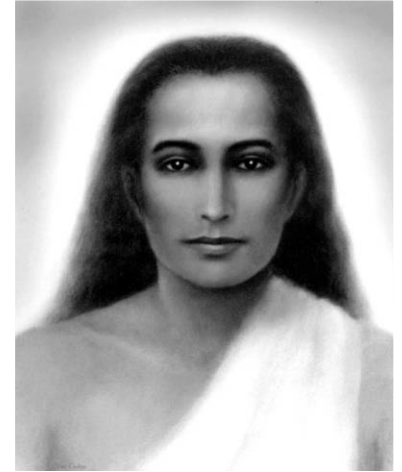


BABAJI'S KRIYA YOGA INITIATION

**Seminar & Lecture with MD Satyananda
Babaji's Kriya Yoga Order of Acharyas**

SINGAPORE: 1-3rd OCT 2010

*"The Goal of Life is Happiness Peace Love & Enlightenment – the
Desire for Perfection comes forth from the SELF – the Image of GOD
– which seeks to Realize & Express Itself through All Humanity.."*



KRIYA YOGA – the Holy Scientific Art of Perfect God Truth Union,

SCHEDULE

Friday 7 – 9 pm
Saturday & Sunday 11 am - 7 pm
(All 3 days Attendance mandatory)

SUGGESTED CONTRIBUTION

S\$250

(Retirees, students, unemployed, etc.
can ask for discounts if needed; please call)

VENUE

Hotel Grand Central
22 Cavenagh Road
2nd Flr, Ballroom
Nearest MRT: Dhoby Ghaut

LOCAL CONTACT

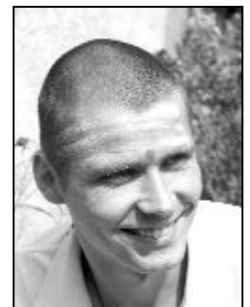
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a synthesis of the teachings developed by the Maha-Siddhas, ancient India's Sages, revived for today's humanity by Mahavatar Kriya Babaji Nagaraj, nowadays taught in various traditional branches of Babaji's disciples, is initiated by Babaji's Kriya Yoga Order of Acharyas as a fivefold path in a series of 144 kriya techniques.

IN THIS WEEKEND SEMINAR, the first of three progressive Initiations, you will learn essential Kriya techniques to awaken and circulate subtle energies, to increase your life force, to purify, heal and strengthen your body and mind (the five Maya-koshas) and to unfold your complete human potential.

- **KRIYA KUNDALINI PRANAYAMA** the powerful transforming and magnetizing breathing technique in six phases
- **ASANA** Hatha Yoga for greater health, relaxation and energy
- **MEDITATION** seven Dhyana techniques to master the mind, find inner peace and realize Self & Absolute Reality
- **MANTRA** to contact Kriya Babaji and your GURU within you
- **INITIATION PUJA** Sacred ceremony of Bhakti Yoga
- How to lead a healthy yogic life style in today's demands

MD Satyananda of Babaji's Kriya Yoga Order of Acharyas gives seminars with Initiation into Babaji's Kriya Yoga in various countries. Certified in Psychology and Psychotherapy, he has worked in clinical and corporation settings. After studying spiritual wisdom of the world since childhood and Vedanta and Yoga for more than a decade in India and the West, he dedicated several years exclusively to intense study and practice of Babaji's Kriya Yoga and to serving Babaji's Kriya Yoga and the students worldwide network in Karma Yoga, and has taken several pilgrimages to India's holy places and masters.



For further information, visit our website:

www.babajiskriyayoga.net